

The Torrance Memorial IPA Difference

Physician Directory

 TORRANCE MEMORIAL IPA

Multi-Specialty
Physician Network

MY CHOICE
MY DOCTOR
MY SOUTH BAY



Visit TorranceMemorialIPA.org/physiciandirectory for our most current Physician Directory

Torrance Memorial Medical Center and Urgent Care Locations



When to go to the Emergency Room

If you have any of the following problems, call 911 or go to the nearest Emergency Department: chest pain, severe abdominal pain, weakness, multiple injuries, difficulty breathing, vomiting blood or severe burns.

Torrance Memorial Medical Center

3330 Lomita Blvd.
Torrance, CA 90505
310-325-9110
TorranceMemorial.org

Our Urgent Care Centers treat

- Flu and cold
- Rashes
- Headaches
- Earaches
- Minor burns
- Minor eye injuries
- Sore throat
- Cuts and bites
- Urinary tract infections
- Vomiting and diarrhea
- Falls, sprains, strains and minor fractures

Services available

- Lab results available in minutes
- On-site digital X-rays
- EKG (a simple, painless test that records the heart's electrical activity)
- Specialized eye exam for minor eye injuries
- Minor surgical procedures
- Full physical exam
- Referrals to on-site doctor or physician's assistant experienced in senior healthcare

Urgent Care Centers

For urgent but not life-threatening medical needs when your primary care doctor's office is closed, you can visit our Urgent Care Centers. All of our physicians are either board certified or residency-trained in emergency medicine giving them the skills necessary to handle any urgent care medical problem. Many of our physicians have more than 10 years of experience working in the Emergency Department at Torrance Memorial Medical Center.

Torrance Memorial Urgent Care Center locations

2900 Lomita Blvd.
Torrance, CA 90505
310-784-3740

Monday – Friday:
9 am – 8 pm
Saturday and Sunday:
8 am – 6 pm

855 Manhattan Beach Blvd., Suite 101
Manhattan Beach, CA 90266
310-939-7873

Monday – Friday:
4 pm – 9 pm
Saturday and Sunday:
8 am – 5 pm

2110 E. El Segundo Blvd., Suite 100
El Segundo, CA 90245
310-517-7010

Monday – Friday:
9 am – 8 pm
Saturday:
8 am – 6 pm
Sunday:
Closed

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Please note:

This document is current as of the date printed on the doctor listing pages. This document may contain providers who have discontinued their relationship with Torrance Memorial IPA or may not include providers who have recently joined Torrance Memorial IPA. For the most current list of Torrance Memorial IPA doctors, please visit: TorranceMemorialIPA.org/physiciandirectory.

Important note:

Some services may require prior authorization, and provision is subject to member benefits and health plan or CMS (Centers for Medicare & Medicaid Services) coverage criteria.

Additional languages:

Physicians who do not speak an additional language will not have an additional language listed.

Welcome to Torrance Memorial IPA!

Torrance Memorial Independent Physician Association

A nonprofit multi-specialty physician network and a division of Torrance Memorial Health System, that has been taking care of the South Bay for more than 35 years.

Torrance Memorial IPA is not a health plan

Torrance Memorial IPA is not your insurance or health plan. We contract with major insurance companies that provide financial coverage for your medical care. As your "Medical Group" or "Physician Network," Torrance Memorial IPA provides the medical care covered by your health plan.



Advantages of being a Torrance Memorial IPA member



Over 500 primary care physicians and specialists



Nationally recognized Torrance Memorial Medical Center



A nonprofit multispecialty physician network and a division of Torrance Memorial Health System, that has been taking care of the South Bay for more than 35 years



Convenient access to care: Torrance Memorial IPA is the only physician network in the South Bay offering direct access, or "member self-referral," to several select specialties within the network



Urgent Care Centers in Torrance, Manhattan Beach and El Segundo



Personal attention: located in our administrative office in Torrance, our member services team is the single point of contact for members, making it easier to get to the right care faster



Care Management at no cost: Torrance Memorial IPA nurses and social workers help members stay healthy and independent



40 percent discount for Medicare Advantage members on exercise classes offered by Torrance Memorial Medical Center



FREE health education classes



Convenient lab and digital X-ray*
*Services available at select locations



Online patient portal*
*Check with your primary care physician for availability



Contracted Health Plans

Torrance Memorial IPA participates with most major insurance plans, including:

Individual and Family Plans

blue  of california **trio** HMO

Medicare and Duals

blue  california | Promise Health Plan  Health Net® 

Employer Sponsored Group Plans

 Health Net®

blue  california | Promise Health Plan



 Health Net®



blue  of california **trio** HMO

 **AARP** | MedicareComplete®
insured through UnitedHealthcare






offered by




blue  california

This is not a complete listing of Medicare Advantage plans available in your service area. For a complete listing, please contact 800-MEDICARE (TTY users should call 877-486-2048), 24 hours a day, 7 days a week or consult Medicare.gov. Each of these Medicare Advantage plans has a contract with Medicare to offer Medicare Advantage plans. Enrollment in one of these Medicare Advantage plans depends on contract renewal.

Torrance Memorial IPA Member Services

Help is always just one call away!

Located in our administrative office right here in the South Bay, our Member Services representatives are dedicated to helping members with all their customer service needs. You'll get personal attention, whether you need help finding a doctor, paying a bill, verifying eligibility or co-payment.

Having a single point of contact makes navigating the healthcare system and getting to the right care faster and simpler than ever.

Member Services:
310-257-7250, option 1
Monday through Friday, 8:30 am – 5 pm

Member Self-Referral



See a specialist without a referral!

Torrance Memorial IPA is the only medical group in the South Bay allowing HMO members to see a specialist in several select specialties within the network, without a referral from their primary care physicians.



Cardiology



Gastroenterology



Pulmonology



Behavioral Health



OB/GYN



Urology



Dermatology



Podiatry



Ambulatory Care Management

- A no-cost service offered by Torrance Memorial IPA with no additional premiums or deductibles
- The above is not a complete list of our specialties in the Torrance Memorial IPA network, only those in our Torrance Memorial IPA self-referral program. Torrance Memorial IPA has a network of more than 500 primary care and specialty physicians. See a complete list of Torrance Memorial IPA physicians at TorranceMemorialIPA.org/physiciandirectory
- Please note the self-referral benefit applies to the initial visit with the physician only, the physician will direct further treatment and/or tests
- All Torrance Memorial IPA doctors and providers in the above specialties are available for self-referral

Not a member yet?

Join Torrance Memorial IPA to enjoy our member self-referral!
310-257-7239 | TTY 711 | TorranceMemorialIPA.org/learnmore

Carson



Estrella A. Aguinaldo, MD
Internal Medicine

23517 S. Main St., #104
Carson, CA 90745
Phone: 310-233-2555
Fax: 310-233-2553
Accepting patients age 8 and over
Additional languages: Spanish, Tagalog
Mon – Fri: 9 am – 6 pm



Daniel E. Harvey, MD
Family Medicine

824 E. Carson St., #206
Carson, CA 90745
Phone: 310-513-9361
Fax: 310-513-9311
Accepting patients age 19 and over
Mon – Fri: 9 am – 5 pm



Reza Ghanian, MD
Internal Medicine

824 E. Carson St., #201
Carson, CA 90745
Phone: 310-233-3228
Fax: 310-233-3229
Accepting patients age 16 and over
Additional languages: Farsi
Mon – Fri: 8 – 11:30 am



Krixie Silangcruz, MD
Family Medicine

824 E Carson St., #101
Carson, CA 90745
Phone: 310-233-3203
Fax: 310-549-7010
Accepting New Patients
Additional languages: Tagalog



Carmen N. Gossette, MD
Family Medicine

824 E. Carson St., #101
Carson, CA 90745
Phone: 310-233-3203
Fax: 310-549-7010
Not accepting new patients
Additional languages: Spanish



Ronald Siregar, MD
Family Medicine

824 E Carson St., #101
Carson, CA 90745
Phone: 310-233-3203
Fax: 310-549-7010
Accepting New Patients
Additional languages: Spanish

El Segundo



Eugene Hardin, MD
Internal Medicine

357 E. Carson St., #102
Carson, CA 90745
Phone: 310-518-2737
Fax: 310-518-2060
Accepting patients age 16 and over
Mon: 10 am – 6 pm
Tues: 10 am – 5 pm
Thurs and Fri: 9 am – 5 pm



Jason Alvarado, MD
Family Medicine

2110 E. El Segundo Blvd., #200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Accepting new patients

Primary Care Physicians

El Segundo (Cont.)

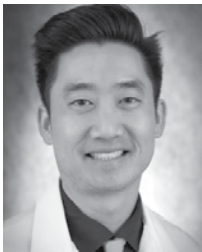


Rumi Cader, MD
Internal Medicine
2110 E. El Segundo Blvd., #200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Accepting new patients

El Segundo (Cont.)



Shintau Lin, MD
Family Medicine
2110 E. El Segundo Blvd., #200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Accepting new patients



Rex Chang, MD
Family Medicine
2110 E. El Segundo Blvd., #230
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Accepting new patients



Mona Madani, MD
Family Medicine
2110 E. El Segundo Blvd., # 200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Mon – Fri: 8 am – 5 pm
Accepting new patients



W. Alexander Ellis, MD
Family Medicine
2110 E. El Segundo Blvd., #230
El Segundo, CA 90245
Phone: 310-257-5741
Fax: 310-909-7315
Accepting new patients



Matthew Mejia, MD
**Internal Medicine and
Sports Medicine**
2110 E. El Segundo Blvd., # 200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Mon – Fri: 8 am – 5 pm
Accepting new patients

Gardena



Leah Shapiro, MD
Family Medicine
2110 E. El Segundo Blvd, #200
El Segundo, CA 90245
Phone: 310-517-7030
Fax: 310-893-0428
Accepting new patients



Hoangvy Le, MD
Family Medicine
15420 Crenshaw Blvd.,
Gardena CA, 90249
Phone: 310-324-5599
Fax: 310-324-7550
Accepting new patients
Additional languages: Vietnamese

Gardena (Cont.)



Adel S. Metry, MD
Internal Medicine
1141 W. Redondo Beach Blvd., #406
Gardena, CA 90247
Phone: 310-719-1653
Fax: 310-719-1321
Accepting new patients
Additional languages: Spanish, Arabic
Mon – Thurs: 9 am – 5 pm
Fri: 9 am – 1 pm



Shrikant Tamhane, DO
Family Medicine
1141 W Redondo Beach Blvd #306
Gardena, CA 90247
Phone: 310-834-5388
Fax: 310-834-5619
Accepting patients age 8 and over
Additional languages: Gujarati, Hindi
Mon – Fri: 9 am – 6 pm

Hawthorne



Khalid B. Khan, MD
Internal Medicine
13425 Inglewood Ave.
Hawthorne, CA 90250
Phone: 310-679-2201
Fax: 310-679-4236
Accepting new patients
Additional languages: Hindi, Urdu
Mon, Tues, Wed, Fri: 8:30 am – 4:30 pm
Thurs: 1:30 – 4:30 pm

Hermosa Beach (Cont.)



Maliha Khan,
Internal Medicine
705 Pier Ave., #A
Hermosa Beach, CA 90254
Phone: 310-891-6708
Fax: 310-374-4908
Accepting new patients
Additional languages: *French, Hindi, and Urdu*



Nicole D. Lee, MD
Family Medicine
705 Pier Ave., #A
Hermosa Beach, CA 90254
Phone: 310-891-6708
Fax: 310-374-4908
Not accepting new patients
Mon – Fri: 8 am – 5 pm

Hermosa Beach



Sunil Hebbar, MD
Family Medicine
705 Pier Ave., #A
Hermosa Beach, CA 90254
Phone: 310-891-6708
Fax: 310-374-4908
Mon – Fri: 8 am – 5 pm
Not accepting new patients

Lawndale



Eric A. Enriquez, MD
Family Medicine
14623 Hawthorne Blvd., #202
Lawndale, CA 90260
Phone: 310-973-8863
Fax: 310-973-1623
Accepting new patients
Additional languages: Spanish, Tagalog
Mon – Fri: 9 am – 5 pm

Primary Care Physicians

Lomita



Frank An, MD
Family Medicine
25043 Narbonne Ave.
Lomita, CA 90717
Phone: 310-373-8120
Fax: 424-203-8980
Accepting new patients
Additional languages: Korean



Marina Raikhel, MD
Family Medicine
25043 Narbonne Ave.
Lomita, CA 90717
Phone: 310-373-8120
Fax: 424-203-8980
Accepting patients age 5 and over
Additional languages: Spanish
Mon – Fri: 8:30 am – 5 pm

Manhattan Beach (Cont.)



Gene L. Hawkins, MD
General Practice
855 Manhattan Beach Blvd., #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7878
Not accepting new patients
Mon – Fri: 7:30 am – 5 pm



Elaine K. Jones, MD
Internal Medicine and Geriatric Medicine
855 Manhattan Beach Blvd., #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7861
Not accepting new patients
Mon – Fri: 8 am – 5 pm

Long Beach



Karen T. Dix, MD
Family Medicine
911 E. San Antonio Dr., #1
Long Beach, CA 90807
Phone: 562-728-8700
Fax: 562-728-5855
Accepting new patients
Additional languages: Spanish
Mon: 9 am – 7:30 pm
Tues – Fri: 9 am – 5:30 pm



Mahsa Madani, MD
Internal Medicine
855 Manhattan Beach Blvd #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7878
Accepting new patients

Manhattan Beach



Hardeep Chohan, MD
Family Medicine
855 Manhattan Beach Blvd., # 102
Manhattan Beach, CA 90266
Phone: 310-939-7858
Fax: 310-939-7842
Accepting new patients
Additional languages: Urdu, Hindi, Punjabi



Ahad Shiraz, MD
Family Medicine
855 Manhattan Beach Blvd., #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7870
Not accepting new patients

Manhattan Beach (Cont.)



Joshua Tarpley, MD
Family Medicine

855 Manhattan Beach Blvd., #201
Manhattan Beach, CA 90266
Phone: 310-939-7847
Fax: 310-939-7861
Not accepting new patients

Rancho Palos Verdes



Alya Torna, MD
Family Medicine

29409 S. Western Ave.,
Rancho Palos Verdes, CA 90275
Phone: 310-891-6684
Accepting new patients
Additional languages: Russian

Redondo Beach



Raju Wadhwa, MD
Internal Medicine

855 Manhattan Beach Blvd., #204
Manhattan Beach, CA 90266
Phone: 310-939-1892
Fax: 310-939-1894
Accepting patients age 18 and over
Additional languages: Hindi
Mon – Fri: 9 am – 5 pm



Robert B. Hosseini, MD
Family Medicine

1728 S. Catalina Ave.,
Redondo Beach, CA 90277
Phone: 310-540-7200
Fax: 310-540-5455
Accepting patients age 2 and over
Additional languages: Farsi, Spanish
Mon, Tues, Wed, Fri: 8:15 am – 5 pm

Palos Verdes Estates



Marcos Y. C. Yang, MD
Family Medicine

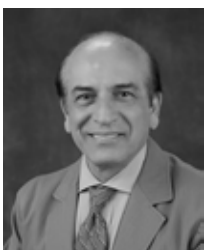
310 Tejon Place
Palos Verdes Estates, CA 90274
Phone: 310-375-2403
Fax: 310-375-9652
Accepting new patients
Additional languages: Mandarin, Portuguese
Mon, Tues, Wed, Fri: 9 am – 5 pm
Thurs: 9 am – Noon



Michael F. Robinson, MD
Internal Medicine

2850 Artesia Blvd., #105
Redondo Beach, CA 90278
Phone: 310-419-4303
Fax: 310-419-4480
Accepting patients age 18 and over
Accepts all Torrance Memorial IPA
Health Plans except HealthNet®

Rolling Hills Estates



Sohail Davoudian, MD
Internal Medicine

1959 Kingsdale Ave.,
Redondo Beach, CA 90278
Phone: 310-214-1000
Fax: 310-214-8540
Accepting new patients
Additional languages: Farsi



Hiva Bastanmehr, MD
Internal Medicine

602 Deep Valley Dr., #300
Rolling Hills Estates, CA 90274
Phone: 310-517-4692
Fax: 310-265-4780
Accepting new patients

Primary Care Physicians

Rolling Hills Estates (Cont.)



Kalpana Hool, MD
Internal Medicine
602 Deep Valley Dr., #300
Rolling Hills Estates, CA 90274
Phone: 310-517-4692
Fax: 310-265-4780
Accepting new patients



Lorena Layrisse Landaeta, MD
Internal Medicine
602 Deep Valley Dr., #300
Rolling Hills Estates, CA 90274
Phone: 310-517-4692
Fax: 310-265-4780
Accepting new patients
Mon-Fri: 8 am – 5 pm

Torrance (Cont.)



Sushila Agrawal, MD
General Practice
3400 Lomita Blvd., #605
Torrance, CA 90505
Phone: 310-539-3303
Fax: 310-539-2824
Accepting patients age 5 and over
Additional languages: Spanish, Hindi, Urdu
Mon – Thurs: 9 am – 6 pm
Fri: 8 am – 4:30 pm



Khaja R. Ahmed, MD
Internal Medicine
20911 Earl St., #380
Torrance, CA 90503
Phone: 424-390-4035
Fax: 424-390-4107
Accepting patients age 16 and over
Additional languages: Hindi, Urdu

San Pedro



Stephen Marzban, MD
Internal Medicine
2403 Moray Ave., #2B
San Pedro, CA 90732
Phone: 310-832-2694
Fax: 310-547-0140
Accepting patients age 2 and over
Additional languages: Farsi
Mon, Tues, Thurs: 9 am – 5 pm
Wed and Fri: 9 am – 3 pm



Modupe A. Aiyegbusi, MD
Family Medicine
3661 Torrance Blvd., #103
Torrance, CA 90503
Phone: 310-540-7240
Fax: 310-540-7280
Accepting new patients
Additional languages: Yoruba
Mon – Fri: 9 am – 5 pm
Closed for lunch: 1 – 2 pm

Torrance



Ludmila W. Afonicheva, MD
Family Medicine
23639 Hawthorne Blvd., #200
Torrance, CA 90505
Phone: 310-373-6464
Fax: 310-373-6467
Accepting new patients 5 and up
Additional languages: Russian
Mon – Fri: 9 am – 5 pm



Nicole Alexander-Spencer, MD
Family Medicine
3333 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758
Not accepting new patients

Torrance (Cont.)



Paul J. Brown, MD
Internal Medicine
3333 Skypark Dr., #160
Torrance, CA 90505
Phone: 310-517-9006
Fax: 855-673-7160
Not accepting new patients
Additional languages: Spanish
Mon – Fri: 8 am – 5 pm



Derek Browne, DO
Family Medicine
2841 Lomita Blvd., #315
Torrance, CA 90505
Phone: 310-257-5730
Accepting new patients



Richard M. Butlig, MD
Internal Medicine
1727 Crenshaw Blvd.
Torrance, CA 90501
Phone: 310-373-7855
Fax: 424-704-2493
Not accepting new patients
Additional languages: Spanish, Tagalog



Anthony J. Chen, MD
Family Medicine
2841 Lomita Blvd. #315
Torrance, CA 90505
Phone: 310-257-5730
Fax: 310-539-1322
Not accepting new patients
Additional languages: Spanish, Taiwanese, Mandarin
Mon – Fri: 8 am – 5 pm
Closed for lunch: Noon – 1 pm

Torrance (Cont.)



Zareen S. Choudhury, MD
Family Medicine
3701 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Accepting new patients



Sushan Joshi, MD
Internal Medicine
3701 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Accepting new patients
Additional languages: Hindi



Sara Kanamori, DO
Internal Medicine
3400 Lomita Blvd., #104
Torrance, CA 90505
Phone: 310-784-8000
Fax: 310-784-8000
Accepting new patients
Additional languages: Japanese



Hameed A. Khan, MD
General Practice
3655 W. Lomita Blvd., #421
Torrance, CA 90505
Phone: 310-540-5464
Fax: 310-540-4761
Accepting new patients
Additional languages: Spanish, Urdu
Mon – Fri: 9 am – 6 pm
Closed for lunch: 12:30 – 1:30 pm

Primary Care Physicians

Torrance (Cont.)



Sadia Khan, MD
Internal Medicine
3333 Skypark Dr., #160
Torrance, CA 90505
Phone: 310-517-9006
Fax: 310-957-2413
Accepting new patients



Cho Rok Kim, MD
Internal Medicine
3333 Skypark Dr., # 100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758
Accepting new patients
Additional languages: Korean



Philip Kim, MD
Internal Medicine
17507 Crenshaw Blvd.,
Torrance, CA 90504
Phone: 310-324-4443
Fax: 310-324-7925
Accepting new patients
Additional languages: Korean and Spanish



Justin Ko, DO
Family Medicine
3400 Lomita Blvd# 104
Torrance, CA 90505
Phone: 310-784-8000
Fax: 310-784-8008
Accepting new patients
Additional languages: Korean

Torrance (Cont.)



Anahid Kwiatkouski, DO
Family Medicine
3640 Lomita Blvd., #200
Torrance, CA 90505
Phone: 310-944-9344
Fax: 310-868-1600
Not accepting new patients
Additional languages: Farsi
Mon – Fri: 9 am – 5 pm



Nam Lai, MD
Internal Medicine
3465 Torrance Blvd., #W
Torrance, CA 90503
Phone: 310-316-1502
Fax: 310-316-1512
Not accepting new patients
Not accepting SCAN patients
Additional languages: Vietnamese
Mon, Tues, Thurs: 8 am – 5 pm
Fri, Sat: 8 am – Noon



Catherine Lawson, MD
Internal Medicine
3701 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Accepting new patients



J. Raymond Li, MD
Internal Medicine
3655 Lomita Blvd., #121
Torrance, CA 90505
Phone: 310-375-2256
Fax: 310-375-2291
Accepting patients age 11 and over
Additional languages: Hakka, Cantonese, Taiwanese
Mon, Wed, Fri: 8 am – Noon
Tues, Thurs: 9 am – 5 pm
Closed for lunch: Noon-2 pm

Torrance (Cont.)



Thomas Lin, MD
Internal Medicine

3655 Lomita Blvd., #101
Torrance, CA 90503
Phone: 310-543-1677
Fax: 310-543-9838
Accepting patients age 14 and over
Additional languages: Japanese, Taiwanese, Mandarin
Mon – Fri: 9 am – 5 pm
Closed for lunch: Noon – 2 pm



Betty Lo, MD
Family Medicine

3701 SkyPark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Accepting new patients
Additional languages: Mandarin



Sarwat Mahmud, MD
Internal Medicine

2841 Lomita Blvd. #315
Torrance, CA 90505
Phone: 310-257-5730
Fax: 310-539-1322
Not accepting new patients
Additional languages: Urdu



Marcil M. Mamita, MD
Internal Medicine (with special interest in Geriatric Medicine)

3655 Lomita Blvd., #418
Torrance, CA 90505
Phone: 310-530-6900
Fax: 310-530-6902
Accepting patients age 21 and over
Additional languages: Arabic, Spanish
Mon – Fri: 9 am – 5 pm

Torrance (Cont.)



Soohan Mansuri, MD
Family Medicine

3640 Lomita Blvd #200
Torrance, CA 90505
Phone: 310-944-9344
Fax: 310-868-1600
Accepting patients age 18 and over
Additional languages: Urdu



Nima Moghadam, MD
Internal Medicine

3701 SkyPark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Accepting new patients
Additional languages: Farsi
Mon – Fri: 8 am – 5 pm



Parivash Mohamadi, MD
Internal Medicine

4305 Torrance Blvd., #500
Torrance, CA 90503
Phone: 310-370-5694
Fax: 310-214-6671
Accepting patients age 18 and over
Additional languages: Spanish, French, Persian
Mon – Fri: 9 am – 5 pm



Azhar Muttalib, MD
Internal Medicine

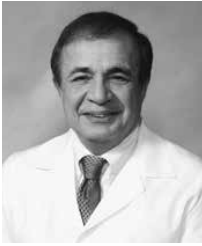
23639 Hawthorne Blvd., #102
Torrance, CA 90505
Phone: 310-373-9980
Fax: 310-373-5556
Accepting new senior plan patients only
Additional languages: Urdu, Hindi

Primary Care Physicians

Torrance (Cont.)



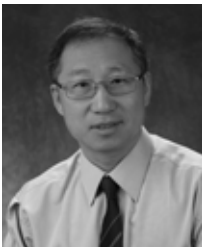
Rehan Muttalib, MD
Family Medicine
23639 Hawthorne Blvd., #102
Torrance, CA 90505
Phone: 310-373-9980
Fax: 310-373-5556
Accepting new patients
Additional languages: Urdu, Spanish,
Hindi
Mon – Fri: 8 am – 4 pm



Behzad Noorian, MD
Internal Medicine
23000 Crenshaw Blvd., #203
Torrance, CA 90505
Phone: 310-325-4445
Fax: 310-325-4409
Accepting patients age 16 and over
Additional languages: Farsi
Mon, Fri: 9 am – 1 pm



Meena Oberoi, MD
Family Medicine
23639 Hawthorne Blvd., #102
Torrance, CA 90505
Phone: 310-373-9980
Fax: 310-373-5556
Accepting patients age 8 and over
Additional languages: Hindi, Punjabi
Mon – Fri: 10 am – 2 pm

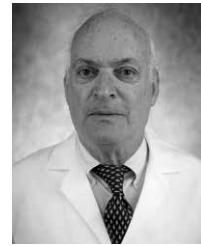


David Oh, MD
Internal Medicine
4305 Torrance Blvd., #509
Torrance, CA 90503
Phone: 310-543-2977
Fax: 310-746-4171
Not accepting new patients
Additional languages: Korean
Mon – Fri: 9 am – 5 pm

Torrance (Cont.)



Karen Oh, DO
Internal Medicine
23000 Crenshaw Blvd., #208
Torrance, CA 90505
Phone: 310-326-1147
Fax: 310-326-1148
Not accepting new patients
Additional languages: Spanish
Mon – Fri: 8:30 am – 5 pm



Allen Pachtman, MD
Internal Medicine
3400 Lomita Blvd. #500
Torrance, CA 90505
Phone: 310-784-4939
Fax: 424-363-1686
Accepting new patients

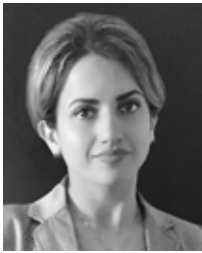


Jennifer Park, MD
Family Medicine
3701 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Not accepting new patients



Panteha Rezaeian, MD
Family Medicine
3333 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758
Accepting new patients

Torrance (Cont.)



Neda B. Rouhi, MD
Internal Medicine

3333 Skypark Dr., #100
Torrance, CA 90505
Phone: (310)784-6300
Fax: 310-891-6758
Accepting new patients
Additional languages: Farsi
Mon – Fri: 8 am – 5 pm



Norma M. Sarao, MD
Internal Medicine

4305 Torrance Blvd., #305
Torrance, CA 90503
Phone: 310-371-2288
Fax: 310-371-3349
Accepting patients age 16 and over
Additional languages: Tagalog, Spanish
Mon – Fri: 9 am – 5 pm



Tatyana Sarkisova, MD
Family Medicine

3655 Lomita Blvd., #108
Torrance, CA 90505
Phone: 310-373-9768
Fax: 310-373-9769
Accepting new patients
Additional languages: Russian



Milena Shakhbazova, MD
Family Medicine

3333 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758
Not accepting new patients
Additional languages: Russian
Mon – Fri: 8 am – 5 pm

Torrance (Cont.)



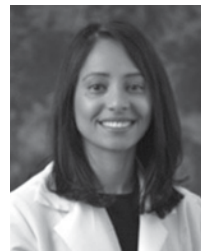
Peter B. Shin, MD
Family Medicine

23326 Hawthorne Blvd., #140
Torrance, CA 90505
Phone: 310-326-2161
Fax: 310-534-5026
Accepting new patients
Additional languages: Korean



Won Seok Shin, MD
Family Medicine

3701 Skypark Dr., # 100
Torrance, CA 90505
Phone: 310-378-2234
Fax: 310-378-9795
Accepting new patients
Additional languages: Korean



Yusha I. Siddiqui, MD
Internal Medicine

2841 Lomita Blvd., #315
Torrance, CA 90505
Phone: 310-257-5730
Fax: 310-265-4780
Accepting new patients



David Stern, MD
Family Medicine

3400 Lomita Blvd., #104
Torrance, CA 90505
Phone: 310-784-8000
Fax: 310-784-8008
Not accepting new patients
Additional languages: Spanish
Mon, Tues, Wed, Fri: 8:30 am – 3:30 pm

Torrance (Cont.)



Anhtuan Tong, MD
Internal Medicine

3584 Redondo Beach Blvd.
Torrance, CA 90504
Phone: 310-856-4944
Fax: 310-856-4945

Accepting patients age 8 and over
Additional languages: Vietnamese
Mon, Tues, Thurs, Fri: 10 am – 5 pm
Wed: 10 am – 2 pm



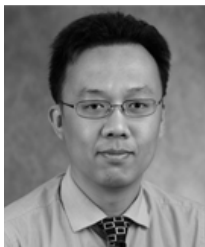
Aaron Tran, MD
Internal Medicine

22910 Crenshaw Blvd #A
Torrance, CA 90505
310-294-9444
Fax: 310-857-6789
Additional languages: Vietnamese



Quynh Chi Thuy Tran, MD
Internal Medicine

1727 Crenshaw Blvd.,
Torrance, CA 90501
Phone: 310-373-7855
Fax: 424-704-2493
Accepting new patients



Gary Tsai, MD
Family Medicine

2900 Lomita Blvd.
Torrance, CA 90505
Phone: 310-257-7260
Fax: 310-539-1322
Not accepting new patients

Torrance (Cont.)



Chris M. Tsuneishi, MD
Internal Medicine

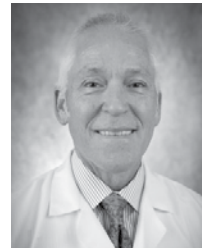
4201 Torrance Blvd., #360
Torrance, CA 90503
Phone: 310-543-1050
Fax: 310-543-1049

Accepting patients age 16 and over
Additional languages: Spanish, Japanese
Mon – Fri: 9 am – 5 pm



Maria Vollucci, DO
Family Medicine

2900 Lomita Blvd.
Torrance, CA 90505
Phone: 310-257-7260
Fax: 310-539-1322
Accepting new patients
Mon – Fri: 8 am – 5 pm



David Weiss, MD
Internal Medicine

3400 Lomita Blvd #500
Torrance, CA 90505
Phone: 310-784-4939
Fax: 424-363-1686
Additional languages: Spanish
Accepting new patients



Michael Yu, MD
Family Medicine

3333 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-784-6300
Fax: 310-891-6758
Not accepting new patients
Additional languages: Mandarin, Taiwanese

Wilmington



Siman Homan, MD
Internal Medicine

1231 N. Avalon Blvd.
Wilmington, CA 90744
Phone: 310-835-7215
Fax: 310-835-6520
Accepting new patients
Additional languages: Farsi
Mon – Fri: 8 am – 5 pm

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Kristin Andrade, MD

20911 Earl St., #100
Torrance, CA 90503
Phone: 310-214-2246
Fax: 310-370-1590

Leila Bozorgnia, MD

23530 Hawthorne Blvd., #260
Torrance, CA 90505
Phone: 424-322-9866
Fax: 424-866-8764

Richard Brucker, MD

2110 E. El Segundo Blvd., #210
El Segundo, CA 90245
Phone: 310-784-8704
Fax: 310-893-0430

Richard F. Cabrera, MD

855 Manhattan Beach Blvd., #103
Manhattan Beach, CA 90266
Phone: 310-939-7850
Fax: 310-939-7851

Children's Medical Group**Katherine Henry, MD****Ly A. Nguyen, MD****Laura Sergis, MD**

3440 Lomita Blvd., #352
Torrance, CA 90505
Phone: 310-539-2445
Fax: 310-539-0061

Alice Diego-Malit, MD

23517 S. Main St., #101
Carson, CA 90745
Phone: 310-549-2840
Fax: 310-549-3115

Julie A. Douglass, MD

20911 Earl St., #100
Torrance, CA 90503
Phone: 310-370-8001
Fax: 310-370-1590

Raquel Fernandez, MD

3400 Lomita Blvd., #301
Torrance, CA 90505
Phone: 310-517-1188
Fax: 310-943-6522

Kenneth E. Follmar III, MD

1294 W. 6th St., #102
San Pedro, CA 90731
Phone: 310-832-6487
Fax: 310-832-6913

Elaine Gutierrez, MD

3400 Lomita Blvd., #203
Torrance, CA 90505
Phone: 310-326-4670
Fax: 310-326-4672

Erin Hamilton, MD

3440 Lomita Blvd., #429
Torrance, CA 90505
Phone: 310-326-8718
Fax: 310-326-2551

Hanaa Hanna, MD

887 W. 9th St.
San Pedro, CA 90731
Phone: 310-547-0887
Fax: 310-547-4296
Accepting patients ages 0-21

Angelica Juarez, MD

3400 Lomita Blvd., #301
Torrance, CA 90505
Phone: 310-517-1188
Fax: 310-943-6522

3400 Lomita Blvd., #203
Torrance, CA 90505
Phone: 310-326-4670
Fax: 310-326-4672

Mridula Kedia, MD

4201 Torrance Blvd., #380
Torrance, CA 90503
Phone: 310-540-5676
Fax: 310-543-3092

Jisue Kim Coye, MD

20911 Earl St., #100
Torrance, CA 90503
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Fax: 310-370-1590

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1360 W. 6th St., #300
San Pedro, CA 90732
Phone: 310-514-0838
Fax: 310-514-0425

Barbara Lee, MD

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Carson, CA 90745
Phone: 310-233-3209
Fax: 310-233-3211

Annette Liu, MD

824 E. Carson St., #202
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Fax: 310-233-3211

Teresa Miller, MD

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Fax: 310-893-0430

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Fax: 310-539-0061

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Fax: 310-832-6913

Grace Pyo, DO

855 Manhattan Beach Blvd # 103
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Phone: 310-939-7850
Fax: 310-939-7851

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Torrance, CA 90505
Phone: 310-326-4670
Fax: 310-326-4672

Kimberly Ramirez-Chan, MD

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Torrance, CA 90503
Phone: 310-214-2213
Fax: 310-370-1590

Eva Rodriguez-Ellis, MD

1403 Lomita Blvd., #305
Harbor City, CA 90710
Phone: 310-325-4344
Fax: 310-325-0594

Evangeline Roxas-Butlig, MD

1727 Crenshaw Blvd.
Torrance, CA 90501
Phone: 310-373-7855
Fax: 424-704-2493

1000 E. Dominguez St., #110
Carson, CA 90746
Phone: 310-715-7755
Fax: 310-366-7711

Emile Shenouda, MD

4161 Redondo Beach Blvd., #100
Lawndale, CA 90260
Phone: 310-214-1407
Fax: 310-214-1488
Accepting new patients
Additional languages: Korean

Elaine Shoji, MD

827 Deep Valley Dr., #102
Rolling Hills Estates, CA 90274
Phone: 310-541-8801
Fax: 310-541-8703

Rita Tenenbaum, MD

705 Pier Ave., #C
Hermosa Beach, CA 90254
Phone: 310-406-0827
Fax: 310-406-8378

Lana Vasiljevic-Abelson, MD

705 Pier Ave., #C
Hermosa Beach, CA 90254
Phone: 310-406-0827
Fax: 310-406-8378

Susy Yusung, MD

855 Manhattan Beach Blvd., #103
Manhattan Beach, CA 90266
Phone: 310-939-7850
Fax: 310-939-7851

Acupuncture

NOTE: Check with your health plan for benefits coverage

Yusuke Mori, LAC

36 Malaga Cove Plaza, #203
Palos Verdes Estates,
CA 90274
Phone: 310-791-0437
Fax: 323-289-8448

Yun Jeong Choi, LAC

2040 Pacific Coast Hwy #R
Lomita, CA 90717
Phone: 310-257-9080
Fax: 310-257-9078

Allergy

Dean T. Chiang, MD

3440 Lomita Blvd., #228
Torrance, CA 90505
Phone: 310-326-3371
Fax: 310-326-2294

Allan Singer, MD

3440 Lomita Blvd., #228
Torrance, CA 90505
Phone: 310-326-3371
Fax: 310-326-2294

Bariatric Surgery

Association of South Bay Surgeons

Michael Li, MD

Houman Solomon, MD
Aileen M. Takahashi, MD
23451 Madison St., #340
Torrance, CA 90505
Phone: 310-373-6864
Fax: 310-373-9547

Behavioral Health Marriage & Family Counseling

* Medicare Advantage Members Only

Alina Añorga, LCSW

24520 Hawthorne Blvd., #116
Torrance, CA 90505
Phone: 310-378-0302
Fax: 310-544-2411
Additional languages: Spanish

Jamie Gelbart, MFT

Phone: 310-257-5785
Telehealth Services Only

Bensen F. Ho, MFT

2790 Skypark Dr., #205
Torrance, CA 90505
Phone: 310-855-3990
Fax: 424-276-7676

Brandi M. Zamora, MFT

2790 Skypark Dr., #205
Torrance, CA 90505
Phone: 310-855-3990
Fax: 424-276-7676

Behavioral Health Psychiatry

*Medicare Advantage Members Only

Harold P. Ceasar, MD

3655 Lomita Blvd., #412
Torrance, CA 90505
Phone: 310-373-7989
Fax: 310-373-0309
Not accepting new patients

Audrey Chen, MD

Vanessa Hernandez, MD
3400 Lomita Blvd., #104
Torrance, CA 90505
Phone: 310-517-1262
Fax: 310-517-1277

Mindpath Health

Irina Addes, MD

Isabel Puri, MD

Robert Winston, MD
3333 Skypark Dr., #220
Torrance, CA 90505
Phone: 310-257-5750
Fax: 310-257-5753

Pacific Pain & Wellness Group

Kartik Ananth, MD

Gelareh Solomon, PHD

Annie Nardella, MFT
23150 Crenshaw Blvd., #100
Torrance, CA 90505
Phone: 310-437-7399
Fax: 310-437-7398

Kartik Ananth, MD

2809 N. Sepulveda Blvd #C
Manhattan Beach, CA 90266
Phone: 310-437-7399

Regeneration Psychiatry

Tashlee Brown, PhD

Wenqi Feng, MD

Justin Key, MD

Arjun Kumar, MD

Jobert Poblete, MD

Stephanie Sabra MD

Brittany Tarrant MD

2512 Artesia Blvd. #320
Redondo Beach, CA 90278
Phone: 424-277-2899

Thomas Willett, MD

4477 W. 118th St., #400
Hawthorne, CA 90250
Phone: 310-978-0884
Fax: 310-978-1214

Behavioral Health Psychology

*Medicare Advantage Members Only

Sandra Brown, PhD

3424 Carson St., #580
Torrance, CA 90503
Phone: 310-370-1173
Fax: 310-542-9858

Cristine Bruzzone, PsyD

Daniel E. Bruzzone, PsyD

2790 Skypark Dr., #205
Torrance, CA 90505
Phone: 310-855-3990
Fax: 424-276-7676

Cristina Moldovan, PhD

Ingrid Jacobs Hicks MFT

3400 Lomita Blvd, # 104
Torrance, CA 90505
Phone: 310-517-1262
Fax: 310-517-1277

Daniel Sherman, PhD

4216 Pacific Coast Hwy.
1607
Torrance, CA 90505
Phone: 310-283-6938
Accepting New Patients

Diana M. Siguenza Lizarde, LCSW

3605 Long Beach Blvd., # 108A

Long Beach, CA 90801

Phone: 213-640-9256

Fax: 562-685-0459

Crystal Quarry, PhD

225 Ave I #204,

Redondo Beach, CA 90277

Phone: 424-903-6520

Fax: 424-772-6993

Cardiology

*Self-referral for adults.
Consults only.

William K. Averill, MD

3400 Lomita Blvd., #603

Torrance, CA 90505

Phone: 310-326-5142

Fax: 310-326-3154

Patients age 18 and over only

COR Healthcare Medical Associates

Torrance location:

Arash Aghel, MD

Salman Azam, MD

Gaurav Banka, MD

Brenton Bauer, MD

Eric Castleman, MD

Ankush Chhabra, MD

Michael Healy, MD

Wilson Kwan, MD

James Matchison, MD

Ram Reddy, MD

Ray Michael Wyman, MD

2841 Lomita Blvd., #100

Torrance, CA 90505

Phone: 310-257-0508

Fax: 310-325-8109

Redondo Beach location:

Bruce Jackson, MD

James Matchison, MD

520 N. Prospect Ave., #300

Redondo Beach, CA 90277

Phone: 310-372-1156

Fax: 310-372-6504

San Pedro location:

Arash Aghel, MD

1360 6th St., #315

San Pedro, CA 90732

Phone: 310-547-9922

Cardiology (Cont.)

*Self-referral for adults.
Consult

Emad Khaleeli, MD
4305 Torrance Blvd., #301
Torrance, CA 90505
Phone: 310-793-4327
Fax: 310-793-4307
Patients age 18 and over only

Torrance Memorial Physician Network – South Bay Heart

Nadia Jafar Curran, MD
Wilson Kwan, MD
Victoria Y. Shin, MD
2841 Lomita Blvd., #235
Torrance, CA 90505
Phone: 310-517-8950
Fax: 310-326-6054
Patients age 18 and over only

Nadia Jafar Curran, MD
855 Manhattan Beach Blvd
#101
Manhattan Beach, CA
90266
Phone: 310-257-0505

NOTE: For children, see also
Pediatric Cardiology

Cardiothoracic Surgery

Cardiothoracic Surgery Group
John Stoneburner, MD
2841 Lomita Blvd., #310
Torrance, CA 90505
Phone: 310-784-6946
Fax: 310-326-6005

Chiropractic

NOTE: Check with your health
plan for benefits coverage

Dean H. Cummings, DC
2215 Torrance Blvd., # A
Torrance, CA 90501
Phone: 310-320-6250
Fax: 310-320-6036

Colon/Rectal Surgery

**Association of
South Bay Surgeons**
David Koller, MD
Catherine Madorin, MD
23451 Madison St., #340
Torrance, CA 90505
Phone: 310-373-6864
Fax: 310-373-9547

Dermatology

*Self-referral for adults

Clear Dermatology
Melissa Camouse, DO
Malcolm Ke, MD
Lydia Kim, MD
Dennis Nguyen, MD
23456 Hawthorne Blvd., #100
Torrance, CA 90505
Phone: 310-540-5272
Fax: 310-540-5271

CSI Medical Group
Roy Blumenstrauch, MD
Andrew Breithaupt, MD
Julia Kwan, MD
4201 Torrance Blvd., #640
Torrance, CA 90503
Phone: 310-543-4444
Fax: 310-543-4446

Endocrinology

Soubhi Bahna, MD
2841 Lomita Blvd #320
Torrance, CA 90505
Phone: 310-517-8952
Fax: 310-517-9565

Anshu Buttan, MD
2841 Lomita Blvd., #320
Torrance, CA 90505
Phone: 310-517-8952
Fax: 310-517-9565

Lauren E. Choi, MD
2841 Lomita Blvd., #320
Torrance, CA 90505
Phone: 310-517-8952
Fax: 310-517-9565
Not accepting new patients

Hung P. Nguyen, MD
2841 Lomita Blvd., #320
Torrance, CA 90505
Phone: 310-517-8952
Fax: 310-517-9565

Cynthia Ro, MD
2841 Lomita Blvd., #320
Torrance, CA 90505
Phone: 310-517-8952
Fax: 310-517-9565
Not accepting new patients

Electrophysiology

Sang Yong Ji, MD
Erol Kosar, MD
Matthew Ostrom, MD
2841 Lomita Blvd., #100
Torrance, CA 90505
Phone: 310-257-0508
Fax: 310-325-8109

Gene Kim
2841 Lomita Blvd # 285
Redondo Beach, CA 90277
Phone: 310-257-0508

Gastroenterology

*Self-referral for adults

NOTE: For children, see also
Pediatric Gastroenterology

**South Bay Gastroenterology
Medical Group**
Daniel Cho, MD
Jerome Cohen, MD
Tonny Lee, MD
Melissa Munsell, MD
Minh Nguyen, MD
Gloria Sze, MD
Oren Zaidel, MD
23456 Hawthorne Blvd., #300
Torrance, CA 90505
Phone: 310-539-2055
Fax: 310-539-0199
Patients age 18 and over only

General Surgery

NOTE: For children, see also
Pediatric Surgery

**Association of
South Bay Surgeons**
Rashaan Ali-Jones, MD
Neil H. Bhayani, MD
James E. Camel, MD
Melanie Friedlander, MD
David Koller, MD
Albert Lam, MD
Roman Litwinski, MD
Catherine Madorin, MD
Sarah E. Pivo, MD
Houman Saedi, MD
Houman Solomon, MD
Aileen M. Takahashi, MD
23451 Madison St., #340
Torrance, CA 90505
Phone: 310-373-6864
Fax: 310-373-9547
Patients age 12 and over only

Gynecology Oncology

Fikret Atamdede, MD
23600 Telo Ave., #250
Torrance, CA 90505
Phone: 310-375-8446
Fax: 310-375-8489

Ramin Mirhashemi, MD
23600 Telo Ave., #250
Torrance, CA 90505
Phone: 310-375-8446
Fax: 310-375-8489

Morgan Taylor, MD
23600 Telo Ave., #250
Torrance, CA 90505
Phone: 310-375-8446
Fax: 310-375-8489

Hematology/ Oncology

Cancer Care Associates

David Chan, MD
Vanessa Dickey, MD
Hugo Hool, MD
Andrew G. Horodner, MD
Syed Jilani, MD
Thomas E. Lowe, MD
Swati Sikaria, MD
Justin Tiulim MD
 3285 Skypark Drive
 Torrance, CA 90505
 Phone: 310-750-3300
 Fax: 310-325-1060

Infectious Diseases

NOTE: For children, see also
 Pediatric Infectious Diseases

Milefchik-Rand Medical Group

Eriko Masuda, MD
Eric N. Milefchik, MD
David D. Rand, MD
Jalali Ziba, MD
 2841 Lomita Blvd., #135
 Torrance, CA 90505
 Phone: 310-784-6954
 Fax: 310-326-5679
*Accepting patients age 18
 and over*

Infertility

NOTE: Only OB/GYN may
 refer to infertility consultants

Omid Khorram, MD
 23550 Hawthorne Blvd., #210
 Torrance, CA 90505
 Phone: 310-378-7445
 Fax: 310-378-7427

Pacific Coast Reproductive Rifaat D. Salem, MD

3720 Lomita Blvd., #200
 Torrance, CA 90505
 Phone: 310-376-7000
 Fax: 310-373-0319

Innovative Infertility Group

Joshua J. Berger, MD
 3500 N. Sepulveda
 Blvd., #130
 Manhattan Beach, CA 90266
 Phone: 310-648-2229
 Fax: 310-333-0666

Maternal Fetal Medicine

Magella Medical Group, Inc.

Kenneth Chan, MD
Michael Nageotte, MD
 2888 Long Beach Blvd.,
 #400
 Long Beach, CA 90806
 Phone: 562-997-8510
 Fax: 562-933-1245

Vikas Sachar, MD
 3440 Lomita Blvd., #440
 Torrance, CA 90505
 Phone: 424-250-9186
 Fax: 323-345-6468

Nephrology

NOTE: For children, see also
 Torrance Memorial IPA Utilization
 Management

Khaja R. Ahmed, MD
 20911 Earl St., #380
 Torrance, CA 90503
 Phone: 424-390-4035
 Fax: 424-390-4107
Patients age 16 and over only

Internal Medicine & Nephrology Medical Group

Philip Chung, MD
Omer Khan, MD
Edgar Musngi, MD
Mahdi Yazdany, MD
 2841 Lomita Blvd., #215
 Torrance, CA 90505
 Phone: 310-379-2860
 Fax: 310-325-1144
Patients age 15 and over only

Internal Medicine & Nephrology Medical Group

Vinh T. Cam, MD
Jonathan Sung, MD
Ana Ortiz-Guerrero, MD
 3291 Skypark Drive
 Torrance, CA 90505
 Phone: 310-325-4517
 Fax: 310-325-1144
*Accepting patients age 15 and
 over only*

Steven Sawelson, MD
 20911 Earl St., #320
 Torrance, CA 90503
 Phone: 310-542-7997
 Fax: 310-542-2607
Patients age 18 and over only

Wayne Tsang, MD
 2841 Lomita Blvd., #300
 Torrance, CA 90505
 Phone: 310-793-6677
 Fax: 310-793-2321
Not accepting new patients

Neurology

NOTE: For children, see also
 Pediatric Neurology

David Edelman, MD
 3435 Torrance Blvd.,
 Torrance, CA 90503
 Phone: 310-316-0021
 Fax: 888-972-8903

Richard S. Gluckman, MD
 1360 W. 6th St., #350
 San Pedro, CA 90732
 Phone: 310-832-6428
 Fax: 310-832-5178
Not accepting new patients

Torrance Memorial Physician Network, Neurology

Monquen Huang, MD
Kevin Kapur, MD
Jeffrey Kim, MD
Jeannie Lee, MD
Jie Pan, MD, PhD
Ben Tseng, MD
 23560 Crenshaw Blvd., #101
 Torrance, CA 90505
 Phone: 310-517-7021
 Fax: 310-784-1903
El Segundo Location
Kevin Kapur, MD
 2110 E. El Segundo Blvd., #230
 El Segundo, CA 90245
 Phone: 310-257-5741
 Fax: 310-909-7315

Neurosurgery

NOTE: For children, see also
 Torrance Memorial IPA
 Utilization Management

George Hanna, MD
 23560 Crenshaw Blvd., #101
 Torrance, CA 90505
 Phone: 310-517-7021
 Fax: 310-967-0601

Vladimir Ljubimov, MD
 23560 Crenshaw Blvd., #101
 Torrance, CA 90505
 Phone: 310-517-7021
 Fax: 310-784-1903

Obstetrics/ Gynecology

*Self-referral for adults. Consults and routine preventive services

Zachary Abelson, MD

824 E Carson St., #203
Carson, CA 90745
Phone: 310-543-5448
Fax: 310-316-5318

2841 Lomita Blvd., #200
Torrance, CA 90505
Phone: 310-784-6822
Fax: 310-517-9002

Christine Djapri, MD

3440 Lomita Blvd., #427
Torrance, CA 90505
Phone: 310-325-9400
Fax: 310-325-9406

Soha Elgharib, MD

510 N. Prospect Ave., #320
Redondo Beach, CA 90277
Phone: 310-376-2716
Fax: 310-374-9163

29409 S. Western Ave.,
San Pedro, CA 90274
Phone: 310-784-6848
Fax: 310-514-4902

Erica Flores, DO

824 E. Carson St., #203
Carson, CA 90745
Phone: 310-543-5448
Fax: 310-316-5318

Sunetris Fluellen, MD

2841 Lomita Blvd., #200
Torrance, CA 90505
Phone: 310-784-6822
Fax: 424-212-5075

Aviv Herzlich, MD

2110 E. El Segundo Blvd.,
#220
El Segundo, CA 90245
Phone: 310-784-8745
Fax: 310-893-0431

Ricardo E. Huete, MD

824 E. Carson St., #203
Carson, CA 90745
Phone: 310-543-5448
Fax: 310-316-5318

Savannah Kimball, MD

2110 E. El Segundo Blvd.,
#220
El Segundo, CA 90245
Phone: 310-784-8745
Fax: 310-893-0431

2841 Lomita Blvd., #200
Torrance, CA 90505
Phone: 310-784-6822
Fax: 310-517-9002

824 E Carson St., #203
Carson, CA 90745
Phone: 310-543-5448
Fax: 310-316-5318

Freya Marshall, MD

3400 Lomita Blvd., #602
Torrance, CA 90505
Phone: 310-326-5150
Fax: 310-326-0762

Frances McKindsey, MD

2110 E. El Segundo Blvd.,
#220
El Segundo, CA 90245
Phone: 310-784-8745
Fax: 310-893-0431

Astrid Mendoza, DO

4201 Torrance Blvd., #780
Torrance, CA 90503
Phone: 310-543-2532
Fax: 310-540-9707

Beni Naghi, MD

3400 Lomita Blvd., #602
Torrance, CA 90505
Phone: 310-326-5150
Fax: 310-326-0762

855 Manhattan Beach Blvd.,
#209
Manhattan Beach, CA 90266
Phone: 310-939-1881
Fax: 310-939-1882

Megan Oakes, MD

2888 Long Beach Blvd.,
#400
Long Beach, CA 90806
Phone: 562-997-8510
Fax: 562-997-8520

Meher Raza, DO

2110 E. El Segundo Blvd.,
#220
El Segundo, CA 90245
Phone: 310-784-8745
Fax: 310-893-0431

29409 S. Western Ave.,
Rancho Palos Verdes, CA
90275
Phone: 310-784-6848
Fax: 310-831-1228

Hilda Elena Rodriguez, MD

3440 Lomita Blvd., #427
Torrance, CA 90505
Phone: 310-325-9400
Fax: 310-325-9406
*Gynecology only

Steven H. Rosenberg, MD

3400 Lomita Blvd., #400
Torrance, CA 90505
Phone: 310-539-4957
Fax: 310-539-9175

Cheryl Sanders, MD

510 N. Prospect Ave., #320
Redondo Beach, CA 90277
Phone: 310-376-2716
Fax: 310-374-9163

29409 S. Western Ave.,
San Pedro, CA 90274
Phone: 310-784-6848
Fax: 310-514-4902

Barbara L. Schulz, MD

510 N. Prospect Ave., #320
Redondo Beach, CA 90277
Phone: 310-376-2716
Fax: 310-374-9163

Deepjot Singh, MD

3400 Lomita Blvd., #500
Torrance, CA 90505
Phone: 310-373-7900
Fax: 310-373-7940

Ophthalmology – Retinal Specialist

Carson & Boswell, Inc., South Coast Retina Center Cindy Ung, MD

2601 Airport Dr., #210
Torrance, CA 90505
Phone: 310-534-2209
Fax: 310-626-6440

Long Beach Location

Yong S. Han, MD
4300 Long Beach Blvd., #300
Long Beach, CA 90807
Phone: 562-984-7024
Fax: 562-984-9477

Ophthalmology

NOTE: For children, see also
Pediatric Ophthalmology

David Markman, MD
4161 Redondo Beach
Blvd., #300
Lawndale, CA 90260
Phone: 310-370-5648
Fax: 310-370-0449

23600 Telo Ave., #100
Torrance, CA 90505
Phone: 310-543-2611
Fax: 310-543-2056

Lydia Matkovich, MD
23600 Telo Ave., #210
Torrance, CA 90505
Phone: 310-626-8055
Fax: 310-626-8058
*Glaucoma services only

**Wolstan & Goldberg
Eye Associates**
Damien F. Goldberg, MD
F. Jacob Khoubian, MD
Valentina Lozano MD
T. Mai Phan, MD
Barry Wolstan, MD
23600 Telo Ave., #100
Torrance, CA 90505
Phone: 310-543-2611
Fax: 310-543-2056

Optometry

Sheryl Bruce, MD
3858 W. Carson St., #110
Torrance, CA 90503
Phone: 310-792-6200
Fax: 310-792-6223

Deborah Geering-Fend, OD
3858 W. Carson St., #110
Torrance, CA 90503
Phone: 310-792-6200
Fax: 310-792-6223

Susan Kaspian, OD
1735 Pacific Coast Highway
Lomita, CA 90717
Phone: 310-325-0986
Fax: 310-325-0790

**Wolstan & Goldberg
Eye Associates**
Isabel Duong, OD
Cindy T. Wilde, OD
23600 Telo Ave., #100
Torrance, CA 90505
Phone: 310-543-2611
Fax: 310-543-2056

Orthopedic Surgery

NOTE: All referrals to
orthopedic surgery must be
approved by the Torrance
Memorial IPA Utilization
Management Department

Hand Surgery
Anthony K. Ahn, MD
1200 Rosecrans Ave., # 202
Manhattan Beach, CA 90266
Phone: 310-356-9898
Fax: 310-499-9251

**Orthopedic
Surgical Specialists**
Juan Frisancho, MD
Peter Lorman, MD
Akshay Mehta, MD
23600 Telo Ave., #180
Torrance, CA 90505
Phone: 310-257-1500
Fax: 310-257-1508

**Torrance Memorial
Physician Network,
Orthopedic and
Spine Center**
John P. Andrawis, MD
Jason A. Davis, MD
Christopher Hoshino, MD
Andrew Lim, MD
Stephen Nuccion, MD
Randolph O'Hara, MD
Don Sanders, MD
Donald Striplin, MD
Keri Reese Zikuhr, MD
Daniel Zinar, MD
23550 Hawthorne Blvd., #120
Torrance, CA 90505
Phone: 310-517-1216

23560 Crenshaw Blvd., #102
Torrance, CA 90505
Phone: 310-784-2355

705 Pier Ave., #B
Hermosa Beach, CA 90254
Phone: 310-784-2355

Otolaryngology (ENT)

**Torrance Memorial
Physician Network, ENT**
Alex Gertel, MD
David Kim, MD
Marissa Schwartz, MD
23550 Hawthorne Blvd #125
Torrance, CA 90505
Phone: 310-891-6733
Fax: 310-517-1348 23550
Hawthorne Blvd., #125
Torrance, CA 90505
Phone: 310-891-6733
Fax: 310-517-1348
Srinivas Yanamadala, MD
Yuan Liu, MD
2841 Lomita Blvd. #200A
Torrance, CA 90505
Phone: 310-891-6733
Fax: 310-517-1348

Pain Management

Georges El Khoury, MD
2650 Elm Ave., #218
Long Beach, CA 90806
Phone: 562-424-2900
Fax: 562-424-3200

**Pacific Pain &
Wellness Group**
Kartik Ananth, MD
Gelareh Solomon, PHD
Annie Nardella, MFT
23150 Crenshaw Blvd., #100
Torrance, CA 90505
Phone: 310-437-7399
Fax: 310-437-7398
Kartik Ananth, MD
2809 N. Sepulveda Blvd #C
Manhattan Beach, CA 90266
Phone: 424-218-6073

Isaac Jenabi, MD
23550 Hawthorne Blvd
#120
Torrance, CA 90505
Phone: 310-891-6795
Fax: 323-300-5505

Bao Nguyen, MD
Matthew R. Robinson, DO
1200 Rosecrans Ave., # 202
Manhattan Beach, CA 90266
Phone: 949-990-3676
Fax: 888-618-2660

555 Pier Ave., # 1
Hermosa Beach, CA 90254
Phone: 424-488-0500
Fax: 424-488-0498

Joseph C. Peck, MD
1200 Rosecrans Ave. # 202
Manhattan Beach, CA 90266
310-618-9922
Fax: 888-618-2660

Fabian Proaño, MD
3655 Lomita Blvd., #206
Torrance, CA. 90505
Phone: 310-791-4980
Fax: 310-791-4989

Sina Samie, MD
23550 Hawthorne Blvd., #120
Torrance, CA 90505
Phone: 310-891-6795
Fax: 323-300-5505
Not Accepting New Patients

Physical Medicine and Rehabilitation

Sherry Ellen Sonka, MD
21151 S. Western Ave.
#135M
Torrance, CA 90501
Phone: 310-386-2305
Fax: 310-544-4640

Torrance Memorial Outpatient Rehabilitation Department

3330 Lomita Blvd.
Torrance CA 90505
Phone: 310-517-4735
Fax: 310-784-4978

Plastic Surgery

John K. McKissock, MD
3440 Lomita Blvd., #150
Torrance, CA 90505
Phone: 310-257-9425
Fax: 310-530-2146

Association of South Bay Plastic Surgeons Medical Group

Whitney Burrell, MD
Lisa L. Jewell, MD
Ni-Jui Liang, MD
Michael Newman, MD
Juan Luis Rendon, MD
3640 Lomita Blvd., #306
Torrance, CA 90505
Phone: 310-784-0644
Fax: 310-784-0544

Podiatry

*Self-referral for adults
** Scan members require prior authorization.

Robert Anavian, DPM
3440 Lomita Blvd., #137
Torrance, CA 90505
Phone: 310-793-1158
Fax: 310-793-1161

Phillip E. Darragh, DPM
2850 Artesia Blvd., #204
Redondo Beach, CA 90278
Phone: 310-370-1980
Fax: 424-378-1207

3440 Lomita Blvd., #137
Torrance, CA 90505
Phone: 310-370-1980
Fax: 424-378-1207

Pulmonology

*Self-referral for adults

NOTE: For children, see also Pediatric Pulmonology

Jamie M. Kagihara, MD
2841 Lomita Blvd #235
Torrance, CA 90505
Phone: 310-517-8950
Fax: 310-326-6054

2110 E. El Segundo Blvd., #230
El Segundo, CA 90245
Phone: 310-257-5741
Fax: 310-909-7315

Torrance Memorial Physician Network – Pulmonary and Sleep

John Abe, MD
Khalid M. Eltawil, MD**
Richard Huynh, MD
Mladen A. Rasic, MD**
Deren Sinkowitz, MD
Torrance Memorial Specialty Center
2841 Lomita Blvd., #235
Torrance, CA 90505
Phone: 310-517-8950
Fax: 310-326-6054
** Sleep Medicine Specialist

Rheumatology

Arthritis Treatment Center

Bett Eng, MD
David Klashman, MD
Sheherbano Mehdi, MD
23441 Madison St., #340
Torrance, CA 90505
Phone: 310-373-0340
Fax: 310-373-7142
Accepting patients age 18 and over only

Benedict Chou, MD
2110 E. El Segundo Blvd., #230
El Segundo, CA 90245
Phone: 310-257-5741
Fax: 310-909-7315
Accepting patients age 18 and over only

Dilrukshie Cooray, MD
Joe Gamboa, MD
3701 Skypark Dr., #100
Torrance, CA 90505
Phone: 310-257-7297
Fax: 310-257-5727
Accepting patients age 18 and over only

Urology

*Self-referral for adults, consults and routine preventive services

South Bay Urology Medical Group
Timothy Lesser, MD
Shelby Morrisroe, MD
20911 Earl St., #140
Torrance, CA 90503
Phone: 310-542-0199
Fax: 310-542-4652
Accepting new patients

Urology Institute of the South Bay

Kambiz Dardashti, MD
Lawrence Flechner, MD
23600 Telo Ave., #220
Torrance, CA 90505
Phone: 310-534-8400
Fax: 310-534-0463

Urology Specialty Group

Alec Koo, MD
Royal Park, MD
23600 Telo Ave., #220
Torrance, CA 90505
Phone: 310-602-5005
Fax: 310-373-7898
Accepting patients age 2 and over only

Vascular Surgery

Association of South Bay Surgeons
Riad Adoumie, MD
Roman Litwinski, MD
23451 Madison St., #340
Torrance, CA 90505
Phone: 310-373-6864
Fax: 310-373-9547
Amir Kaviani, MD
Houman Saedi, MD
23560 Madison St. #110
Torrance, CA 90505
Phone: 310-373-6864
Fax: 310-602-3895
Accepting patients age 18 and over only

Pediatric Allergy Immunology

Omar Yamak, MD

2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 714-377-6993

3640 Lomita Blvd.#102
Torrance, CA 90505
Phone: 714-377-6993
Fax: 562-249-9808

Pediatric Cardiology

Ruey-Kang Chang, MD

Harbor-UCLA Medical Foundation, Inc.

21840 S. Normandie Ave., #1100
Torrance, CA 90502
Phone: 424-306-7611
Fax: 310-781-9352

Pacific Cardiovascular Associates

Christopher Tan, MD

3400 Lomita Blvd., #500
Torrance, CA 90505
Phone: 877-430-7337
Fax: 877-430-7376

790 E. Willow Ave., #150
Long Beach, CA 90806
Phone: 877-430-7337
Fax: 877-430-7376

Yuliya Turiy, MD

790 E. Willow Ave., #150
Long Beach, CA 90806
Phone: 877-430-7337
Fax: 877-430-7376

Pediatric Craniofacial

California Sleep Neurology Organization for Wellness, MCSG

Monika Mathur, MD

2651 Elm Ave., #205
Long Beach, CA 90806
Phone: 562-728-5034
Fax: 562-728-5051

Pediatric Developmental Medicine

Pediatric Sleep Adoption and Developmental Clinic, MCSG

Gary Feldman, MD

2650 Elm Ave., #301
Long Beach, CA 90806
Phone: 562-728-5034
Fax: 562-490-9413

Pediatric Endocrinology

Mario Brakin, MD

2650 Elm Ave., #210
Long Beach, CA 90806
Phone: 562-595-0166
Fax: 562-595-6714

Ajanta Naidu, MD

3640 Lomita Blvd., #305
Torrance, CA 90505
Phone: 310-373-0250
Fax: 310-373-0256

Pediatric Endocrinology Associates, MCSG

Pablito Nagpala, MD

2650 Elm Ave., #210
Long Beach, CA 90806
Phone: 562-595-0166
Fax: 562-595-6714

Pediatric Gastroenterology

Leon Chen, MD

2701 Atlantic Ave.
Long Beach, CA 90806
Phone: 714-377-6993
Fax 562-247-9808

Children's Gastroenterology, MCSG

Stephanie Abrams, MD

Sonia Michail, MD

Roy Nattiv, MD

Sarah Sela-Herman, MD
1760 Termino Ave., #300
Long Beach, CA 90804
Phone: 562-933-6900
Fax: 562-933-8557

Pediatric Gastroenterology Associates of Southern California, MCSG

Anjali Kumar, MD

Barry Steinmetz, MD

1760 Termino Ave., #300
Long Beach, CA 90804
Phone: 562-933-6900
Fax: 562-933-8557

Torrance Location

3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 562-933-6900
Fax: 562-933-8557

Mini Mehra, MD

2701 Atlantic Ave.,
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Phone: 714-377-6993
Fax: 562-933-8557

3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 714-377-6993
Fax: 562-933-8557

Robert Tran, MD

2701 Atlantic Ave,
Long Beach, CA 90806
Phone: 562-933-3009
Fax: 562-933-8557

Pediatric/Adolescent Hematology/Oncology

Ramesh Patel, MD

2653 Elm Ave., #200
Long Beach, CA 90806
Phone: 562-728-5000
Fax: 562-933-1814

Pediatric Infectious Diseases

*NOTE: Please submit referral to
Torrance Memorial IPA Utilization
Management Department*

Pediatric Infectology Group, MCSG

Jagmohan Batra, MD

Tempe K. Chen, MD

David Michalik, DO

2865 Atlantic Ave., #152
Long Beach, CA 90806
Phone: 562-933-8590
Fax: 562-933-8093

PID Associates Medical Group, MCSG

Audra Deveikis, MD

2865 Atlantic Ave., #152
Long Beach, CA 90806
Phone: 562-933-8590
Fax: 562-933-8093

Pediatric Nephrology

Deepak Rajpoot, MD

2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 714-377-6993

3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 562-933-6730

Pediatric Specialists

Pediatric Neurology

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Adult & Child Neurology Medical Associates, MCSG

Nicole Cobo, MD
Jasmin Dao, MD
Mary Kay Dyes, MD
Thanh Le, MD
2880 Atlantic Ave., #260
Long Beach, CA 90806
Phone: 562-490-3580
Fax: 562-490-3584

Mary Kay Dyes, MD
3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 562-490-3580
Fax: 562-490-3584

Pantea Sharifi-Hannauer, MD
3524 Torrance Blvd., #104
Torrance, CA 90503
Phone: 310-540-1630
Fax: 310-540-1610

Long Beach Neurological Medical Group, MCSG
Perry Lubens, MD
2701 Atlantic Ave
Long Beach, CA 90806
Phone: 714-377-6993
Fax: 562-490-3584

3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 714-377-6993
Fax: 562-933-6743

2880 Atlantic Ave., #260
Long Beach, CA 90806
Phone: 562-490-3580
Fax: 562-490-3584

Pediatric Ophthalmology

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Family Eye Medical Group

Robert Clark, MD
4401 Atlantic Ave #410
Long Beach, CA 90809
Phone: 562-426-3925
Fax: 562-595-7639

Veronique Jotterand, MD
3650 Atlantic Ave.,
Long Beach, CA 90807
Phone: 562-988-2020
Fax: 562-426-7394

Lydia Matkovich, MD
23600 Telo Ave., #210
Torrance, CA 90505
Phone: 310-626-8055
Fax: 310-626-8058

Harshad Patel, MD
3650 Atlantic Ave.,
Long Beach, CA 90807
Phone: 562-988-2020
Fax: 562-426-7394

Pediatric Orthopedic Surgery

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Tichenor Lowman Memorial Medical Group, MCSG

Long Beach location:
Emory C. Chang, MD
Torin J. Cunningham, MD
(Specializes in back problems)
Kenneth Huh, MD
Amy Williams, MD
1760 Termino Ave., #308
Long Beach, CA 90804
Phone: 562-933-0249
Fax: 562-933-3747

F. John Hajaliloo, MD
2840 Long Beach Blvd., #440
Long Beach, CA 90806
Phone: 562-595-6646
Fax: 562-490-0434

23600 Telo Ave., #180
Torrance, CA 90505
Phone: 310-257-1500
Fax: 310-257-1508

2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 562-933-0249
Fax: 562-933-3747

Pediatric Otolaryngology

Southern California Ear, Nose, and Throat

Ayal Willner, MD
Namrata Varma, DO
Nina Yoshpe, MD
433 E. Wardlow Road
Long Beach, CA 90807
Phone: 562-427-0550

Marissa Schwartz, MD
23550 Hawthorne Blvd #125
Torrance, CA 90505
Phone: 310-891-6733
Fax: 310-517-1348

Pediatric Physiatry

Kimberly BeDell, MD
2801 Atlantic Ave.
Long Beach, CA 90806
Phone: 562-933-8832

Pediatric Psychiatry

A. Paul Kurkjian, MD
2701 Atlantic Ave., # C
Long Beach, CA 90806
Phone: 562-933-8590

Pediatric Pulmonology

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Pediatric Pulmonary Associates, Inc.

Elizabeth Foley, MD
2701 Atlantic Ave.
Long Beach, CA 90806
Phone: 714-377-6993

Lida Mohtasham, MD
2701 Atlantic Ave.,
Long Beach, CA 90806
Phone: 714-377-6993

3640 Lomita Blvd., # 102
Torrance, CA 90505
Phone: 310-378-1716
Fax: 562-933-8744

Inderpal Randhawa, MD
2801 Atlantic Ave.
Long Beach, CA 90806
Phone: 562-933-8567
Fax: 562-933-8501
Referrals
Fax: 562-933-8744
Administrative

Dibanni Vasquez, MD
2701 Atlantic Ave.
Long Beach, CA 90806
Phone: 714-377-6993

3640 Lomita Blvd., #102
Torrance, CA 90505
Phone: 714-377-6993
Fax: 562-247-9808

Pediatric Surgery

NOTE: Please submit referral to Torrance Memorial IPA Utilization Management Department

Pediatric Urology

Coast Urological Medical Group
Michael Norris, MD
3771 Katella Ave., #210
Los Alamitos, CA 90720
Phone: 562-430-0581
Fax: 562-598-2110

Breast Diagnostic

Torrance Memorial Medical Center – Breast Diagnostic Centers

3275 Skypark Dr., # A
Torrance, CA 90505
Phone: 310-517-4709
Fax: 310-784-6377

824 E. Carson St., #208
Carson, CA 90745
Phone: 310-233-3230
Fax: 310-233-3233

855 Manhattan Beach Blvd., #208
Manhattan Beach, CA 90266
Phone: 310-939-7864
Fax: 310-939-7865

65 Peninsula Center
Rolling Hills Estates, CA 90274
Phone: 310-891-6630
Fax: 310-377-9141

Family Planning

Family Planning Associates

3655 Lomita Blvd., #400
Torrance, CA 90505
Phone: 310-373-1042
Fax: 310-378-4916

2777 Long Beach Blvd., #200
Long Beach, CA 90806
Phone: 562-595-5653
Fax: 562-595-4247

Laboratory

Quest Diagnostics

Client Services:
866-697-8378
Courier/STAT:
866-697-8378

3500 Lomita Blvd., #104
Torrance, CA 90505
Phone: 310-326-2241
Fax: 310-539-8491
Mon – Fri: 8 am – 4 pm

23441 Madison St., #300
Torrance, CA 90505
Phone: 310-378-0642
Fax: 310-378-0694
Mon – Fri: 7 am – 5 pm
Sat: 8 am – Noon
Drug Screen
Mon – Fri: 10 am – 3 pm
Additional staff available

4201 Torrance Blvd., #300
Torrance, CA 90503
Phone: 310-944-9128
Fax: 310-944-9158
Mon – Thurs: 8 am – 1 pm,
2 – 5 pm
Fri: 8 am – 1 pm

4477 W. 118th St., #102
Hawthorne, CA 90250
Phone: 310-349-0214
Fax: 310-349-0341
Mon – Fri: 8 am – 12:30 pm,
1:30 – 4:30 pm

323 N. Prairie Ave., #117
Inglewood, CA 90301
Phone: 310-674-8277
Fax: 310-677-3671
Mon – Fri: 7:30 am – 4:30 pm

1043 Elm Ave., #410
Long Beach, CA 90813
Phone: 562-435-1563
Fax: 562-435-1642
Mon – Fri: 7:30 am – Noon,
1 – 4 pm

5830 Downey Ave.
Long Beach, CA 90805
Phone: 562-633-6533
Fax: 562-633-6407
Mon, Tues, Thurs, Fri:
7:30 am – 5 pm
Wed: 7:30 am – 4:30 pm
Sat: 8 am – Noon

3816 Woodruff Ave., #306
Long Beach, CA 90808
Phone: 562-377-1344
Fax: 562-377-1354
Mon – Fri: 7 am – Noon,
1 – 3:30 pm

2888 Atlantic Ave., #270
Long Beach, CA 90806
Mon – Fri: 7:30 am – 4:30 pm

520 N. Prospect Ave., #305
Redondo Beach, CA 90277
Phone: 310-376-4830
Fax: 310-376-1902
Mon – Fri: 8 am – 12:30 pm,
1:30 – 4 pm
Drug Screen
Mon – Fri: 10 am – Noon

1294 W. 6th St., #206
San Pedro, CA 90731
Phone: 310-547-3662
Fax: 310-547-3891
Mon – Fri: 8 am – Noon,
1 pm – 4 pm
Drug Screen
Mon – Fri: 10 am – Noon,
1 – 3 pm

To find the nearest
Quest Diagnostics patient
service center by zip code:
QuestDiagnostics.com

Physical Therapy

Torrance Memorial Physical Therapy

3330 Lomita Blvd.
Torrance, CA 90505
Phone: 310-517-4735
Fax: 310-784-4978

Radiology

Torrance Memorial Medical Center – Radiology Department

3330 Lomita Blvd.
Torrance, CA 90505
Phone: 310-325-9110,
ext. 2075
Fax: 310-784-4805
MRI: 310-517-4738

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How to Select a Medicare Advantage Health Plan and Join Torrance Memorial IPA

In four easy steps

1 Enroll in Medicare Parts A and B

If not enrolled already, call Social Security or go online to enroll at Medicare.gov. You will receive your Medicare card and your "Medicare & You" booklet in a few weeks.

2 Select a Medicare Advantage health plan

If you need help with this, call our resource center at 310-257-7239 to schedule a one-on-one with a health insurance advisor.

Attend a FREE Medicare 101 Educational Program. To make a reservation, call 310-257-7239 or visit TorranceMemorialIPA.org/medicare101.

3 Choose Torrance Memorial IPA as your medical group

When you choose a Medicare Advantage health plan, you should select a medical group. To select Torrance Memorial IPA as your medical group, you should select a primary care physician from the Torrance Memorial IPA network.

4 Look for your new insurance card

Make sure your information and your doctor's name is listed correctly and that it says "Torrance Memorial IPA" on your card. If this information is incorrect, call your insurance company and request that they correct the information. The Member Services' number can be found on the back of your insurance card.



No Need to Wait for Open Enrollment!



You can switch to Torrance Memorial IPA anytime!

If you are with a medical group or IPA other than Torrance Memorial IPA and would like to switch to Torrance Memorial IPA, you don't need to wait until annual open enrollment. You can make the switch anytime throughout the year.

Simply follow these steps:

1 Ensure your health plan and your primary care physician (PCP) are contracted with Torrance Memorial IPA

Not sure? Call Torrance Memorial IPA Resource Center at 310-257-7239 to confirm.

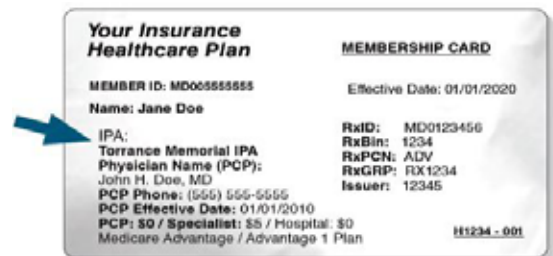
If your health plan or PCP are not contracted with Torrance Memorial IPA and you still want to join Torrance Memorial IPA, call the Torrance Memorial IPA Resource Center to get more help.

2 Contact your current health plan's member services

The number can be found on your medical insurance card. Tell them that you would like to join Torrance Memorial IPA and give them the name of your Torrance Memorial IPA primary care physician.

3 Look for your new medical insurance card

Make sure your information and your doctor's name is listed correctly and that it says "Torrance Memorial IPA" on your card. If this information is incorrect, call your insurance company again and repeat steps 2 and 3.



Need help? Call Torrance Memorial IPA Resource Center
310-257-7239 | TTY 711 | TorranceMemorialIPA.org/learnmore

TORRANCE MEMORIAL IPA



Torrance Memorial IPA is a nonprofit multi-specialty physician network and a division of Torrance Memorial Health System. Torrance Memorial IPA has been serving the South Bay community for more than 35 years. Our members have access to high-quality and personalized care from over 500 primary care physicians and specialists as well as the nationally recognized Torrance Memorial Medical Center.

Not a Member Yet?

310-257-7239 | TorranceMemorialIPA.org/learnmore
Torrance Memorial IPA members: 310-257-7250, option #1 | TTY: 711
Monday through Friday, 8:30 am – 5 pm
Torrance Memorial IPA Administrative Office: 310-257-7250
TorranceMemorialIPA.org